

# SENTIERI URBANI (URBAN WALKS)

DESIGNING AN EDUCATIONAL PODCAST
ON SUSTAINABILITY IN A BROADCAST JOURNALISM COURSE



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#### INTRODUCTION

My journey as a student in La Sapienza University of Rome and the role of journalism courses.



### WHY A PODCAST?

And why sustainability?





#### SENTIERI URBANI

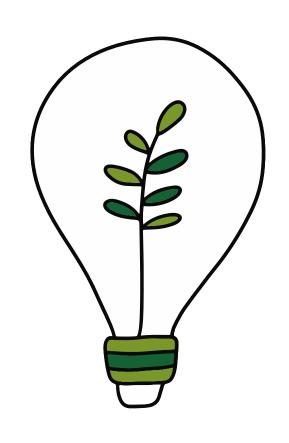
Urban Walks is a podcast that takes you on a walk through a changing **Rome**, exploring its neighborhoods through the lens of **sustainability**.

Each episode corresponds to a walking route within a specific area of the city.

The walk is a narrative device to link the story of the city to crucial themes of sustainability.



#### SENTIERI URBANI





Environmental, social and economic sustainability

Focus on **Rome** as an evolving city



#### MISSION

• To raise public awareness on urban sustainability

 To give voice to urban regeneration projects through testimonies

To encourage citizens to rediscover
 Rome on foot





#### PODCAST STRUCTURE

The first season of Urban Walks consists of **8 episodes**, each focused on a specific area of Rome and addressing specific topics related to urban sustainability.

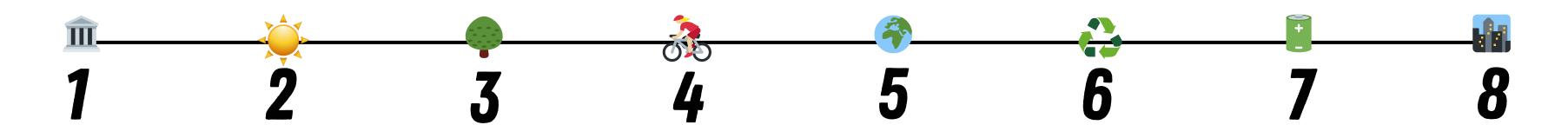
The duration of each episode will be around 10 to 15 minutes.





#### SENTIERI URBANI (URBAN WALKS)

#### **EPISODES**



Over-tourism and its impact on the city

Urban heat islands and mitigation strategies

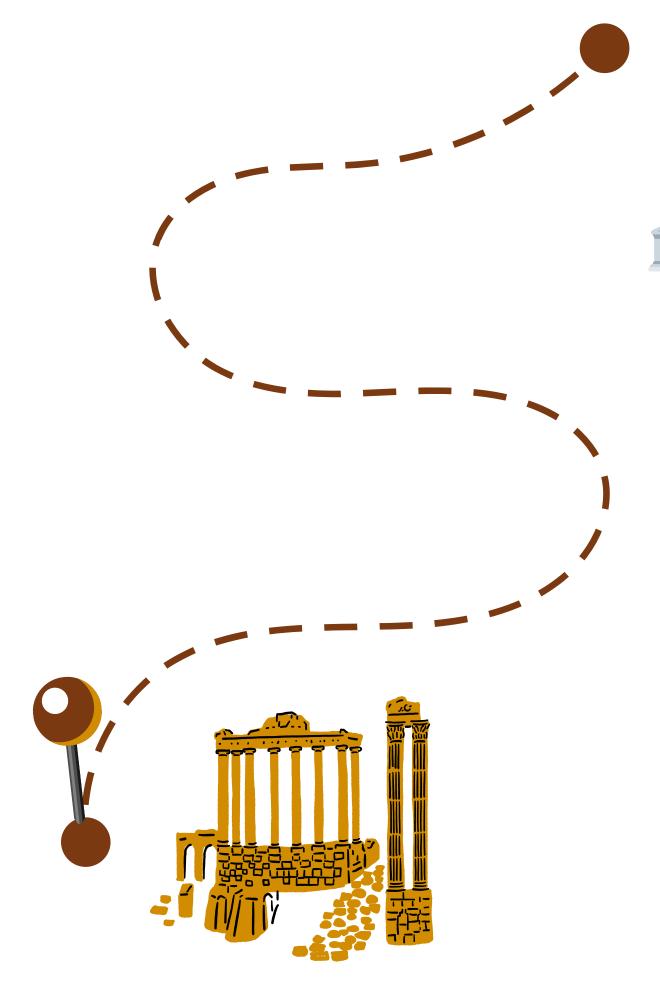
Urban green
spaces
as a city
resource

Rethinking the city for **pedestrians and cyclists**  Multiculturalism and social sustainability

Waste management and urban pollution

**Energy transition**and urban
regeneration

Smart cities and urban innovation







- m Overtourism and its impact on the city
- TVia dei Fori Imperiali
  - causes and consequences of mass tourism on the city
  - sustainable tourism solutions
  - interview with the president of the Association of Residents in the Historical Centre of Rome

#### EP.2 URBAN HEAT ISLANDS



Drban heat islands and mitigation strategies

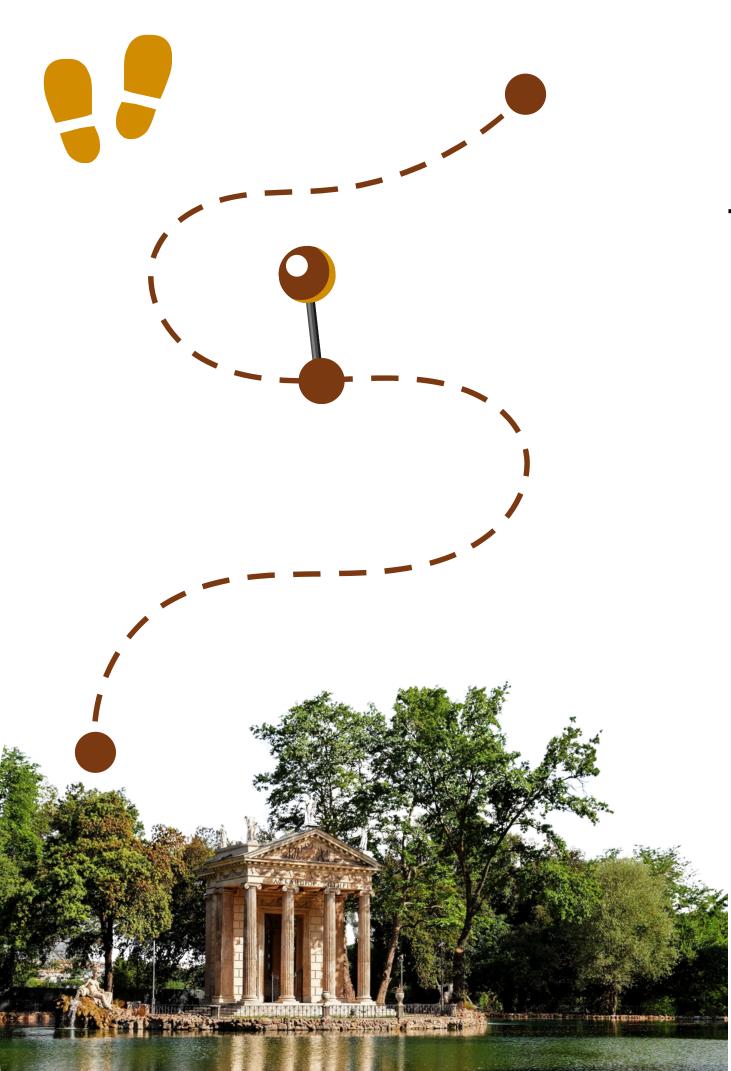
Piazza Venezia

• definition of Urban Heat Islands (UHI)

 causes and consequences of heat waves in the urban context

 mitigation strategies and materials to reduce urban heat





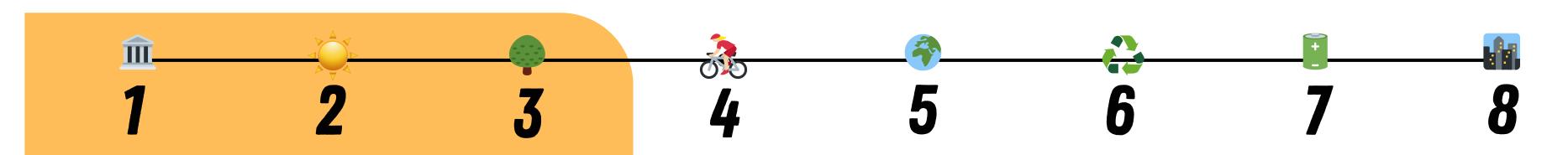
### EP.3 URBAN GREEN SPACES

- Urban green spaces as a city resource
- Villa Borghese
  - the role of biodiversity
  - benefits of urban green spaces on the environment and quality of life
  - model of the "15 Minutes City": building a sense of urban community



# SENTIERI URBANI (URBAN WALKS) EPISODES





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Urban green spaces as a city resource

Rethinking the city for **pedestrians and cyclists**  Multiculturalism and social sustainability

Waste management and urban pollution

Energy transition and urban regeneration Smart cities and urban innovation



Urban Walks
is not just a journey
through the streets of Rome.

It is an immersive audio experience that shows how cities can adapt and evolve to meet the challenges of our time, challenges that are both environmental and social.



#### FUTURE PLANS

- Develop and record the rest of Season 1
- Plan a Season 2 set in the roman suburbs
- Panel event with experts discussing the themes presented in each episode
- Space for discussion in sustainability events
- Collaboration with local radio stations

## THANK YOU!

